

essential joy

Holiday Gift Guide

SERENITY®

WHOLESALE: \$30.00 30PV

- A favorite calming blend of essential oils to diffuse for restful sleep, or apply topically with doTERRA's Baby Lotion on baby's feet to provide calm.

AROMA LITE DIFFUSER

WHOLESALE: \$89.95 40PV

- Silently and powerfully diffuses essential oils, up to 8 hours, for a full night's sleep! Also has optional night light.

GIFT IDEAS FOR THE

baby

DIGESTZEN® TOUCH

WHOLESALE: \$20.25 20.25PV

- For all of those digestive discomforts, roll onto baby's stomach and rub in clockwise motion to help provide immediate relief.



DIAPER RASH CREAM

- With Lavender, Carrot Seed & Melaleuca essential oils to soothe skin. Clinically tested & approved for sensitive skin. Duals as a natural sun protectant for everyone in the family.

BABY COLLECTION

WHOLESALE: \$34.50 20PV

BABY LOTION

- A blend of rich shea butter and gentle Lavender and Roman Chamomile essential oils to calm, soothe and moisturize your baby's delicate skin

HAIR & BODY WASH

- Calming blend of vanilla extract with Lavender and Roman Chamomile essential oils to keep the skin's natural balance and that newborn scent
- Clinically tested tear free

ON GUARD® THROAT DROPS

WHOLESALE: \$14.50 14.50PV

- A convenient and tasty immune boosting treat
- Helps calm and soothe dry, scratchy throat
- Great for school, gym bags, and on-the-go

CORRECT-X®

WHOLESALE: \$12.00 10PV

- Helps soothe and keep skin clean while recovering from playground owies



GIFT IDEAS FOR

kids

KID'S OIL COLLECTION

WHOLESALE: \$95.00 85PV

- Complete and ready-made "whole body" essential oil toolbox designed to empower kids and caregivers to confidently care for their health and wellness. Kids rave about having their own "set"!

AVAILABLE FOR SALE INDIVIDUALLY DECEMBER 3, 2018



BREATHE® VAPOR STICK

WHOLESALE: \$8.50 5PV

- Rub on chest & under nose before bedtime, strenuous activity, or when seasonal threats are high to maintain feelings of clear airways and easy breathing.

BRAVE® WHOLESALE: \$21.00 21PV

- Invigorating blend to help manage stress and anxious feelings, and encourage courageous feelings

STRONGER® WHOLESALE: \$14.00 14PV

- Immune boosting blend keeps the body well physically and soothes the emotions during times of distress

CALMER® WHOLESALE: \$19.00 19PV

- Promotes a positive stress-free mood, encourages relaxation, and creates a restful atmosphere conducive to sleep

STEADY® WHOLESALE: \$15.00 15PV

- When emotions seem close to the surface use this grounding blend to help soothe upset feelings and usher in calm and balance

RESCUER® WHOLESALE: \$15.00 15PV

- After a full day of activity apply for a relaxing sensation and to reduce feelings of muscle tension

THINKER® WHOLESALE: \$16.00 16PV

- Helps prevent mental distraction, and instills a sense of alertness while doing activities that require concentration

CHEER® TOUCH

WHOLESALE: \$16.25 16.25PV

- Promotes feelings of optimism, cheerfulness, and happiness. Simply roll it on and let the negative emotions of feeling down melt away.

HD CLEAR® FOAMING FACE WASH

WHOLESALE: \$21.00 21PV

- Cleanse and purify skin without harmful chemicals. Helps reduce the appearances of blemishes and promotes a clear complexion.



NATURAL DEODORANT WITH DOTERRA BALANCE®

WHOLESALE: \$8.75 5PV

- Natural & effective deodorant that is aluminum, paraben, phthalate, and talc free. The arrowroot powder aids in absorbing underarm moisture leaving you feeling fresh and dry, and smelling great throughout the day! The aroma of Balance essential oil is perfect for both guys and girls.

GIFT IDEAS FOR *teens*

EXFOLIATING BODY SCRUB

WHOLESALE: \$19.50 15PV

- Wild Orange and Grapefruit essential oils cleanse and purify while the natural sugar cane gently exfoliates and polishes the skin, leaving a healthy natural glow. Particularly helpful on hands and feet!



DOTERRA SPA LIP BALM

WHOLESALE: \$6.50 5PV

- All around favorite lip balm. No harmful ingredients, super hydrating, with three uniquely enjoyable flavors.



CLARYCALM®

WHOLESALE: \$24.50 24.5PV

- What every female teen needs! Roll on daily for natural hormone balance and uplifted moods. Also use on abdomen when needed for a soothing and calming effect during menstrual cycle. It's the best oil for the worst week, period!

GIFT IDEAS FOR THE *students*

MITO2MAX®

WHOLESALE: \$39.50 39.50PV

- Provides energy & stamina naturally without the use of harmful stimulants. Use it to start the day, or when needed to boost physical or mental energy, like that big paper or exam.



TERRAZYME® DIGESTIVE ENZYME COMPLEX

WHOLESALE: \$37.50 37.5PV

- Enzyme-deficient, processed foods, are often present in students' diets. Feel more energy by taking Terrazyme, a complex of various digestive enzymes, to speed the digestive conversion of food nutrients to cellular energy. A daily necessity for a healthy digestive process.

ON GUARD®+ SOFTGELS

WHOLESALE: \$24.50 21PV

- Convenient on-the-go way to consume OnGuard and other powerful immune-boosting oils, to keep the body functioning at it's best during the semester, and to guard against any environmental threats prevalent at school

PEPPERMINT

WHOLESALE: \$20.50 20.5PV

- Diffuse to uplift the mood or bring a boost of energy
- After-party and all-nighter relief, use topically on head, neck, or wherever tension relief is needed.
- Also use to alleviate digestive upset



BALANCE®

WHOLESALE: \$20.00 20PV

- Calm the school stress by using Balance topically and aromatically. Promotes a whole-body sense of relaxation and eases anxious feelings. Also helps with focus for those long lectures and short deadlines.

BONE NUTRIENT LIFETIME COMPLEX

WHOLESALE: \$17.50 12PV

- Take daily with Phytoestrogen, as a dynamic duo, to support healthy bones and overall health throughout a woman's lifetime. Taken alone, affects 5-6 hormones. When taken together, affects up to 30 hormones!



HYDRATING BODY MIST

WHOLESALE: \$25.00 22PV

- Beautiful essential oil blend provides an uplifting and captivating aroma while hydrating your skin. Use daily after showering or shaving to feel silky smooth, or anytime you need a minute of self care!



GIFT IDEAS FOR *mom's*

PHYTOESTROGEN LIFETIME COMPLEX

WHOLESALE: \$39.50 39.5PV

- Take daily to help balance and support normal hormone levels. Great for women of ALL ages. Also helps to diminish the normal symptoms of menopause, such as hot flashes and night sweats.

WHISPER®

WHOLESALE: \$24.00 24PV

- Whisper combines with each person's body chemistry to create a unique, everyday personal fragrance that entices and intrigues the senses. Also a natural aphrodisiac.

YARROW | POM

WHOLESALE: \$95.00 95PV

Note: Available for sale Dec 2018 as a 30ml

- Promotes collagen production and reduces the appearance of dark circles under eyes. Use internally to promote healthy metabolism and hormone balance, providing an awesome side benefit of weight management!



PEACE® TOUCH

WHOLESALE: \$18.25 18.25PV

- Don't let stress get the best of mom. Simply roll on topically as often as needed to counteract anxious and fearful emotions, and promote feelings of peace, reassurance, and contentment.

GIFT IDEAS FOR grandma



MAGNOLIA TOUCH WHOLESALE: \$28.00 28PV

- Magnolia has a light floral aroma that is pleasant to the senses and provides many other daily wellness benefits—from boosting the immune system, to digestive health and gastrointestinal cleansing, to skin health and relaxation—grandma is going to love this one!



DDR PRIME® WHOLESALE: \$55 55PV

- A daily necessity to protect the body and cells from oxidative stress. Provides important antioxidant benefits to help with “aging well”.



IMMORTELLE® WHOLESALE: \$69.50 69.5PV

- Helps to reduce the appearance of fine lines and wrinkles
- Helps reduce contributing factors to the appearance of aging skin
- Promotes smoother, more radiant, and youthful-looking skin



TIGHTENING SERUM WHOLESALE: \$49.50 49.5PV

- A little goes a long ways! Provides “lifting” and tightening benefits. Helps to naturally smooth the appearance of the skin and improve skin renewal and elasticity. Score!

ANTI-AGING EYE CREAM WHOLESALE: \$49.50 49.5PV

- Convenient roller ball applicator to gently apply under the eyes. Provides noticeable tightening and lifting effect and improves the appearance of fine lines and wrinkles.

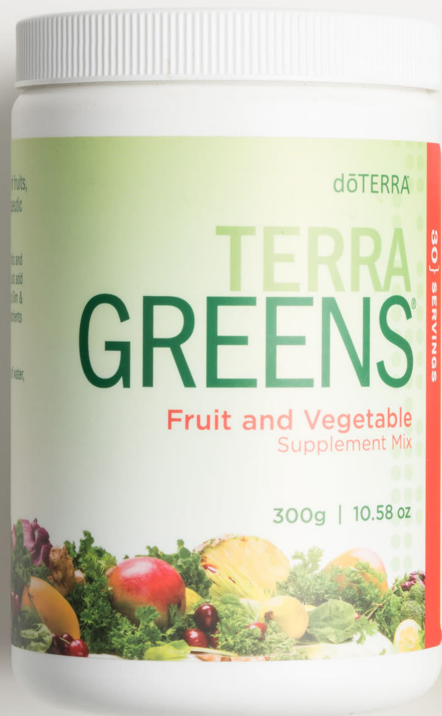
GIFT IDEAS FOR THE

athlete

BODY WASH

WHOLESALE: \$30.00 30PV

- Reward yourself after your workout! With uplifting & grounding scents of Bergamot, Grapefruit and Cedarwood, this natural body wash will leave your skin feeling clean, smooth and fresh!



TERRAGREENS®

WHOLESALE: \$28.00 20PV

- Throw a scoop of these powdered fruits & veggies in your smoothie or add to water, to provide the body with essential daily nutrients.
- Supports weight management, immune and digestive health
- GMO and Gluten Free, Vegan friendly



TURMERIC

WHOLESALE: \$28.00 28PV

- A foundational, heavy-hitter oil to integrate into daily performance & recovery habits. Take internally to support healthy glucose, lipid metabolism, nervous, cellular function, immune function and circulation. May enhance cellular antioxidant enzymes (e.g. glutathione)



DEEP BLUE POLYPHENOL

WHOLESALE: \$59.50 59.5PV

- Powerful polyphenol blend, including fast-acting frankincense extract, to support muscle and joint function. Great to use daily with Lifelong Vitality Pack, or as needed for soothing aches & discomforts.



COPAIBA SOFTGELS

WHOLESALE: \$32.00 30PV

- Convenient, easy to swallow softgels deliver the internal benefits of Copaiba
- Supports cardiovascular, immune and digestive systems
- Powerful antioxidant

SLIM AND SASSY®

WHOLESALE: \$24.50 24.50PV

- Put 3-5 drops in water throughout the day to help promote a healthy metabolism, manage hunger cravings, and balance blood sugar levels.



PEPPERMINT BEADLETS

WHOLESALE: \$11.50 11.50PV

- For fresh breath and an energy boost before that meeting and to help alleviate stomach discomfort after a bad lunch. These convenient beadlets are perfect for traveling and on-the-go working professionals!

BASIL

WHOLESALE: \$20.00 20PV

- Physical & emotional support for the exhausted individual. Promotes mental alertness, lessens anxious feelings, and helps support healthy adrenals!



FORGIVE® TOUCH

WHOLESALE: \$13.00 13PV

- Time to refresh & renew the workplace mood! This blend counteracts negative emotions of anger, guilt, and resentment, and promotes feelings of contentment, relief, and patience.



MOTIVATE®

WHOLESALE: \$23.00 23PV

- Great oil to diffuse in the car on the way to work, or diffuse in the office for an afternoon pick-me-up. Helps to promote feelings of confidence, courage, and belief.

TRIM SHAKE (AVAILABLE IN MULTIPLE FLAVORS)

WHOLESALE: \$39.50 25PV

- A tasty vanilla shake to help maintain a healthy blood sugar level and release cortisol, which is associated with the accumulation of fat, particularly around the stomach, hips, and thighs. Great tp flavor with your favorite essential oil, like Wild Orange or Slim & Sassy!

GIFT IDEAS FOR THE *working professional*

GIFT IDEAS FOR THE *bedroom*

JASMINE TOUCH

WHOLESALE: \$42.00 42PV

- This intoxicating aroma not only balances hormones and uplifts moods, it is also a natural aphrodisiac!

PASSION®

WHOLESALE: \$42.00 42PV

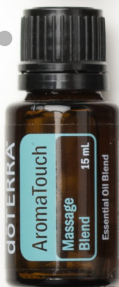
- Ignites feelings of excitement, passion, and joy and counteracts negative feelings of boredom and disinterest.



AROMATOUCH®

WHOLESALE: \$26.00 26PV

- Perfect blend for an aromatically sensual and soothing massage. Just add Fractionated Coconut Oil.



BODY BUTTER

WHOLESALE: \$17.50 15PV

- Get the softest and most supple skin that lasts for hours. Heavenly aroma of Frankincense, Douglas Fir and Wild Orange to uplift the mood.



ON GUARD® MOUTHWASH

WHOLESALE: \$18.00 18PV

- This natural, alcohol-free formula promotes great oral health and fresh minty-spicy smelling breath. A must have for date night or any night!



LUMO DIFFUSER

WHOLESALE: \$70 40PV

- This stylish diffuser is perfect for setting any mood. The 2, 5 or 10 hour settings allows versatility—from encouraging a playful connecting space to a promoting deep restful sleep.

FRACTIONATED COCONUT OIL

WHOLESALE: \$12 12PV

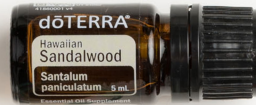
- Odorless, colorless, and non-greasy for easy blending with any essential oil for massage.
- It is also the best lubricant! It's all natural and without harmful chemicals for your sensitive areas.

GIFT IDEAS FOR *her*

HAWAIIAN SANDALWOOD

WHOLESALE: \$61.75 61.75PV

- This rich, sweet, woody aroma instills calmness and well-being, making it a perfect oil to incorporate into massage or meditation.
- Balancing to the hormones, apply as an everyday perfume.



MUD MASK

WHOLESALE: \$14.50 12PV

- Natural clay mask with luxurious blend of essential oils to purify and detox the skin, helping to reduce the appearance of pores, fine lines, and wrinkles.



VERAGE™ CLEASER

WHOLESALE: \$25.00 25PV

- This is simply the best natural facial cleanser. It gently cleanses and invigorates skin while emollients nourish and hydrate, leaving a glowing, youthful-looking complexion. Perfect for those with sensitive skin.



ROSE TOUCH

WHOLESALE: \$75.00 75PV

- Apply to the neck and wrists for a beautiful and romantic personal fragrance that naturally uplifts the mood. Apply topically to help reduce the appearance of skin imperfections.



VERAGE™ MOISTURIZER

WHOLESALE: \$28.00 28PV

- All-around favorite! This light, non-greasy moisturizer absorbs quickly and hydrates deeply. Jasmine, Juniper Berry, and other essential oils help reduce the appearance of fine lines and wrinkles, resulting in a smooth, even complexion.

NEROLI TOUCH

WHOLESALE: \$47.00 47PV

- Use daily as a natural perfume to instill relaxation, uplift the mood, and reduce feelings of anxiousness.
- Soothes skin & blemishes
- A natural aphrodisiac

DEEP BLUE® RUB WHOLESALE: \$29.25 29.25PV

- This is the product that will have any man, even a skeptical one, coming back for more. It provides immediate & effective muscle tension relief; perfect for anyone who goes to the gym, does labor intensive work, or sits behind a computer all day.



AMAVI™ AFTER SHAVE LOTION

WHOLESALE: \$49.50 49.5PV

- The exotic and earthy scented Amāvi After Shave Lotion is a lightweight, non-greasy formula that absorbs quickly into the skin. Use anytime the skin needs some moisturizing, especially after shaving.

GIFT IDEAS FOR Him

SERENITY® SOFT GEL WHOLESALE: \$19.50 17PV

- Take 2 softgels before bed to promote restful sleep. When used during the day in conjunction with Copaiba softgels, it can reduce anxious feelings and calm the nervous system.

PINK PEPPER WHOLESALE: \$22 22PV

- Don't let the color fool you. Pink pepper is great as a cologne, with many side benefits! Supports the immune and nervous systems, and helps to balance blood sugar and cholesterol levels.

AMAVI™ TOUCH WHOLESALE: \$18.00 18PV

- Expertly crafted to evoke the feelings of a hero's heart—unspoken strength and love—Amāvi was created to support the fearless in spirit and mighty in heart. This grounding aroma synergistically works with each individual's chemistry to create a unique-to-you elevated personal fragrance experience.

**THANK YOU FOR SUPPORTING OUR SMALL BUSINESS THIS HOLIDAY,
WE APPRECIATE YOU! MAY THESE PRODUCTS BLESS YOUR FAMILY**

These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure, or prevent any disease.

